



## **The Trauma Show – Pre show Information**

This guide is to help you decide if The Trauma Show is for you.

Included are show content notes such as, what happens in the show can be found further in the document.

### **The Space**

- The performance is still being made so we don't know for sure what the space will be like
- There will be a stage space and an area for the audience to sit
- There might be a trampoline

### **The Performers**

- The performer is Demi Nandhra and one other perform

### **Lighting and Sound**

- There will be no sudden loud music or unexpected sounds
- There will likely be music playing underneath the spoken parts of the show
- There may be flashing and moving lights
- There will not be any moments of complete darkness

### **Participation**

- Demi will on occasion talk directly to the audience
- There may be some elements of audience participation. Here you may be asked to read from a piece of paper or press a button. You do not have to participate if you feel uncomfortable, and can say no.

### **Content Notes**

The Trauma show deals with themes of childhood trauma, addiction and abuse.

# fierce



## Access Information

- The performance is 60 minutes long
- There is no interval
- The performance space has step-free access via a lift
- All performances are Relaxed this means you can move or make noise if you need to and can go in and out of the performance space
- All performances are dry performances. Alcoholic drinks will not be allowed in the performance space
- Latecomers will be permitted
- Ear defenders and fidget toys are available for anyone who might find these useful
- The theatre will stay open after the performance in case you need to take a moment to think or talk about the performance
- There is an accessible toilet on every floor of the building
- There is a chill out space outside the performance space that is available anytime the building is open